Appendix A

What kinds of services do Area Agencies on Aging provide?

Personal Care

Personal assistance with bathing, eating, dressing, transferring, etc.

Chore

Heavy housework, yard work, etc.

Care Management

Assessing needs, develop care plan, coordinate services and on-going monitoring

Nutrition Counseling

One-on-one counseling by a Registered Dietician

Transportation

Transportation from one location to another

Nutrition Education

Accurate nutrition, fitness and health information

Outreach

Identifying potential clients and encouraging use of services

Emergency Response System

Must be an electronic notification system

Health Clinic

Services by a licensed health care professional to identify, prevent or treat physical or mental health problems

Respite

To provide a brief period of relief or rest for family members or caregivers

Senior Care Options

Evaluation of a person 65 and older for Medicaid coverage for nursing facility care

Senior Health Insurance Information Program

Assist beneficiaries to make informed decisions on health insurance and prescription drug plans

Homemaker

Preparing meals, light housekeeping, shopping for personal items, etc.

Home-Delivered Meals

A meal delivered to a qualified individual

Congregate Meals

A meal to a qualified individual in a group setting

Assisted Transportation

Assistance and transportation

Legal Assistance

Legal advice, counseling

Information and Assistance

Information on services available, link person to services, follow-up

Health Education

Promotion of healthy lifestyles for seniors

Financial Counseling

One-on-one assistance for financial services and benefits

Durable Medical Equipment

The provision of goods to support the health and independence with an assessed need

Supportive Services

The health, social and education services and the provision of facilities for older persons

Medicaid Waiver

Assessment, authorization and coordination of services in the Medicaid Waiver program

Ombudsman

Cases and consultation made by and on behalf of residents of nursing homes and assisted living facilities

<u>Caregiver-information services</u> Provides information on resources and

services available

<u>Caregiver-counseling</u> Assisting with making decision/problems relating to caregiver roles

<u>Caregiver-supplemental services</u> Services provided on a limited basis to compliment the care needed such as an emergency response system

Caregiver-access assistance

Access to services available with follow-up procedures

Caregiver-respite care

A brief period of relief or rest for caregivers